



ADRIA YACHT CENTER

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Course: AYC 3-day Skipper Practical Course

Course Dates: Dates: [See available dates](#)

Meeting Place: ACI Marina Vodice, Croatia.

Meeting Time: First day 09.30h prompt

AYC Contact: Please call the AYC booking office with any questions regarding your booking or if you are going to be late or in the event of an emergency call the AYC HELP LINE 00 385 98 207 321.

Parking at the base will be Free of charge during the training period.

Itinerary: Please note that this itinerary is intended as a guide.

Arrival - please be prompt.

An AYC representative will be there to meet you. You will need your passport for the registration on the training boat's crew list then you will join the yacht and other crew for an introduction to your crewmates and the boats equipment followed by the Safety Briefing.

Recommend Kit List: A Note pad & pen will be supplied at registration.

For the Practical Element Warm Clothes/Thermals (recommended in Low Season) Non marking Soft Shoes (No black soles please) Hat, Gloves, Scarf and Sailing Gloves, Wash Kit and Towel, Sailing Boots (recommended in Low Season/Wet weather), Torch Sunscreen, Sunglasses, course book, Cash (Cash points may not always be available) A bottle of your favorite tipple!

Please pack your kit in a soft, squashy bag SUITCASES ARE NOT SUITABLE. Stowage is at a premium so please travel light. Clothing should be warm and comfortable, and should not restrict movement. Quick drying fabrics may be beneficial. Several thin layers are better than one thick.

Waterproofs are provided on request.

Mooring Fees: Please note that mooring fees are included.

Accommodation: Accommodation is provided onboard from the day of registration and for the remaining duration of the course. You are responsible to pay the local Tourist tax of 1 Euro per night spent on board. If accommodation in a hotel or B&B is required, please contact the training base for a list of local venues.

Food: Food onboard is not included during the course, so please either bring food with you or you can buy supplies from the local shops. Eating out: The breakfast in the local restaurant is good and all the restaurants visited are during the training are reasonably priced for lunch and dinner.

Safety: The instructor gives all crew a full safety brief shortly after arrival. Please listen carefully and do not hesitate to ask questions if you are unsure of anything. All safety equipment is provided.

Lost Property: Please ensure you look after your property, as AYC cannot be held responsible for loss or damage. Remember to take all your belongings with you at the end of the course.

Personal Insurance: You are not covered for personal insurance. It is highly recommended that you have your own travel insurance. All AYC boats have commercial liability insurance to cover skipper and crew on the crew list.

Recommended pre-course reading: AYC Skipper Practical Course book

Please note that the Boat License Skipper book should be read before this course. You can find many other books for beginners that are useful to read.

Suggested pre-course experience

Any experience and time spent onboard a boat will be of benefit to you on the course but is not essential.

Course Content: The AYC 3- day Skipper Course is an introduction to navigation, meteorology and the basics of seamanship for a competent skipper and crew, it is essential all candidates read the course book before taking the local ICC test with the Croatian harbormaster. This practical course is conducted on board a cruising yacht (10 to 16m), to teach pilotage, navigation, seamanship and boat handling up to the standard required to skipper a small cruising yacht safely by day. The minimum age to be awarded an ICC certificate is 18.

At AYC we endeavor to give you the best sailing experience possible. Please let your instructor know about anything specific you would like to cover in addition to the below course syllabus.

AYC 3-Day Skipper Course Theory

METEOROLOGY:

Wind in the Adriatic Sea, Wind scale and sea scale

NAVIGATION:

Basic concepts, Signs and abbreviations on nautical maps, Lighthouses and lights (beacons), Lateral signs of manageable routes or channels – system A, Cardinal signs, Signs of solitary danger special signs of new danger, Course and azimuth, Compass, Determining direction (course), Effect of wind on navigation, Sea current influence on navigation, Determining the position of the vessel, Variation, deviation table for deviation.

INTERNATIONAL REGULATION FOR PREVENTING COLLISIONS AT SEA:

Rules of navigation and avoiding collision on the sea, Sounds (resonant) signals, Vessel lights, Marking motor vessels, marking a sailing vessel, marking fishing vessels, Marking vessels unable to maneuver, Marking excavations vessel, Marking piloted vessel, shrouded and anchored ships, Signs of danger.

MOTERISTIC:

Basic concept, Controlling running motor-technical direction and data, Adriatic Sea ecology.

SEAMANSHIP:

Anchoring the vessel, Knots, Outfitting the vessel, Man in the sea, Maneuver, docking, sailing off (departing)

RADIO:

Working with the radios-telephone equipment, Spelling table

AYC 3-Day Skipper Course Practical

Nautical terms * Parts of a boat and hull * General nautical terminology.

Rope work * Knowledge most common Knots in use.

Anchor work * Considerations to be taken into account when anchoring

Safety * Knowledge of the safety equipment to be carried, its stowage and use * Fire precautions and fire fighting * Use of personal safety equipment, harnesses and lifejackets * Ability to send a distress signal by VHF radiotelephone.

International regulations for preventing collisions at sea * Steering and sailing rules

Definition of position, course and speed * Latitude and longitude * Knowledge of standard navigational terms * True bearings and courses.

Navigational charts * Information shown on charts, chart symbols and representation * Use of electronic navigation equipment for position fixing

Navigational drawing instruments * Use of parallel rulers, dividers and plotting instruments

Compass readings * Use of hand-bearing compass.

Chart work * Dead reckoning and estimated position *

Preparation for sea * Is able to prepare a yacht for sea, including engine checks, selection of sails, securing and stowage of all gear on deck and below

Visual aids to navigation * Lighthouses and beacons, light characteristics

Meteorology * Sources of broadcast meteorological information * Knowledge of terms used in shipping forecasts and their significance to small craft * Basic knowledge of highs, lows and fronts.

Passage planning * Preparation of navigational plan for short coastal passages * Meteorological considerations in planning short coastal passages

Deck work * Can reef, shake out reefs and change sails to suit prevailing conditions * Can prepare an anchor, mooring warps and take charge on deck with mooring alongside, coming to a buoy, anchoring, weighing anchor and slipping from a buoy or an alongside berth

Pilotage and harbor entry

Engines * Knows how to change fuel and water filters, pump impeller and to bleed the fuel system.

Emergency situations * is able to take correct action as skipper for recovery of man overboard * Understands distress flares.

Yacht handling under power * Can bring a boat safely to and from an alongside berth, mooring buoy and anchor under various conditions of wind.

Yacht handling under sail * Can bring a boat safely to and from a mooring buoy and anchor under various conditions of wind and tide * Can steer and trim sails effectively on all points of sailing